



Attention-Deficit/Hyperactivity Disorder (ADHD) Resource Guide

Your healthcare professional may be able to provide resources to help you learn more about ADHD. He/she may suggest books, support groups, websites, or parent training classes. Your local newspaper is also a good resource for identifying local support groups, seminars, or parent training classes. In addition, below are several resources for your consideration. This list is not all-inclusive.

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Phone: 800.233.4050

Website: <http://www.chadd.org>

A nationally renowned advocacy group for people with ADHD. Site offers information, newsletters and support group listings.

National Institute of Mental Health (NIMH)

Phone: 866.615.NIMH (6464)

Website:

<http://www.nimh.nih.gov/publicat/index.cfm>

A major, national institute for research and funding that offers a webpage for the public containing a link to information on ADHD along with support group listings.

Parent Advocacy Coalition for Educational Rights (Pacer) Center

Phone: 952.838.9000

Website: www.pacer.org

A national center focused on parent advocacy, training and securing educational rights.

National Initiative for Children's Healthcare Quality (NICHQ)

Phone: 617.754.4900

Web site: <http://www.nichq.org/resources/>

Offers excellent resources to practitioners including an ADHD toolkit, which also contains information suitable for parents. An organization striving to improve healthcare for children by offering training, support, educational materials and data to professionals & organizations.

Schwab Learning.Org

Phone: 650.655.2410

Website: <http://www.schwablearning.org/index.asp>

Offers two websites – one for parents and one for children. Dedicated to serving parents of children with learning and attention disorders. Includes information and a local resource guide.

Attention Deficit Disorder Association

Phone: 484.945.2101

Website: <http://www.add.org/>

An organization dedicated to education, research, and public advocacy related to ADHD.

American Academy of Pediatrics

Phone: 847.434.4000

Website: <http://www.aap.org/default.htm>

A not-for-profit corporation organized for scientific and/or educational purposes.

University of Buffalo, New York

Website:

http://www.ccf.buffalo.edu/resources_parents.php

Educational information, links to other resources, downloads include: fact sheets, treatment support materials, and rating scales. Spanish translations are available.

Any reference in this material to other organizations or companies, including their Internet Web sites, is not an endorsement or warranty of services, information, or products provided by these organizations or companies. If you feel your child may have symptoms of ADHD, you should consult your doctor or behavioral health professional. Only your healthcare practitioner can make a diagnosis or recommend a treatment plan. For more information about your behavioral health benefits you can call the member services or behavioral health telephone number listed on your healthcare identification card.