CIGNA Behavioral Health

Leadership Styles

Leaders do their job in many different ways. Some effective leaders never even appear to be leading at all. Yet they get things done.

At right are four common leadership styles. Check the characteristics under each style that you feel apply to you.

Your leadership style may be solidly in one area, or it may be divided among two or more areas. What are the strengths and weaknesses of your particular style?

Strengths	Weaknesses

You can use this knowledge to become more aware of how you affect others and thereby enhance your leadership skills.

TEAM PLAYER

- easygoing ❑
- predictable ❑
- helpful ❑
- patient ❑
- loyal ❑
- likable ❑
- not a risk-taker ❑
- ❑

PERFECTIONIST

- analytical ❑
- self-disciplined ❑
- conscientious ❑
- orderly ❑
- accurate ❑
- systematic ❑
- detail-oriented ❑
- hard-to-please ❑

DIRECTOR

- direct ❑
- self-confident ❑
- a risk-taker ❑
- forceful ❑
- ambitious ❑
- quick-thinking ❑
- an organizer ❑
- dominating ❑

MOTIVATOR

- enthusiastic ❑
- generous ❑
- popular ❑
- sociable ❑
- charismatic ❑
- dramatic ❑
- talkative ❑
- eager for recognition ❑

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